



# DISTRICT WELLNESS COMMITTEE

01/21/2021

## AGENDA

- Welcome & Introductions
- Grant Updates
  - Student Wellness
  - CDC Student Wellness
- Nutrition Services Update

## INTRODUCTIONS

- Name
- Relation to the district Wellness Committee



# STUDENT WELLNESS GRANT

MATT HOGANSON

## Student Wellness Budget Update

\$30,000 set aside for equipment, supplies, resources, training to support PE programming as well as mental health.

Some money carried over from 2019-2020

Money needs to be spent by March 19, 2020

Consider how purchases could impact all students. Does this purchase provide more potential for sustainability with programming or curriculum?

Being Innovative and thinking about your vision

Matt asked for PE teachers and counselors to look at needs in physical activity or social-emotional wellness.

Funds are being used as “mini-grants” to buy things to increase physical activity or social-emotional wellness.

Cherrelyn is looking at purchasing a climbing wall with these funds.

In order to spend the grant down by June 30<sup>th</sup>, Matt requires all requests to be in by March to allow for adequate time to procure, purchase and install.

# CDC WELLNESS GRANT

KATIE COSSETTE

## 2020-2021 GOALS

### “VALUE OF A SCHOOL LUNCH” CAMPAIGN

- Dietetic Interns and LiveWell Colorado designing the campaign platform
- Launching January, 2021
- <https://englewoodeats.com/?page=ValueofaLunch>
- Surveys will be sent to parents to measure interest/learning.
- Different aspects of value to be covered:
  - Price/Time
  - Nutrition
  - Local
  - Connections

### NUTRITION SERVICES TRAINING

- Department training hours for first semester:
  - Department Admin: 48.75 hours total
  - Kitchen Managers: 18.5 hours/manager
  - Kitchen Associates: 6 hours/associate
- Ongoing professional development for kitchen employees provided by Director and Dietetic Interns.
  - “Difficult Conversations”
  - “Mindfulness”
  - Positive leadership
  - Admin to attend Legislative Action Committee annual conference virtually.
    - Opportunity to learn more about how legislation impacts schools
    - Will be meeting with state representatives

Value of a School Lunch campaign launched. Videos can be found at the link provided. Please help us in getting the word out to our families!

Ongoing professional development. Katie will be attending LAC annual conference. She is excited to learn more about the political side to school meal programs and to have an opportunity to share with state representatives all the good work Englewood is doing to feed our kids.



# NUTRITION SERVICES UPDATE

KATIE COSSETTE



## FREE MEALS

- USDA approved free meals for all children ages 1- 18 through the 20-21 school year!
- No matter the eligibility type, all students get 1 free breakfast and 1 free lunch each school day.
- No negative balances this SY!

**Served 31,210 meals in November and December 2020 (during closure)!**

Meals are free for all children, not just students, through June 30<sup>th</sup>. Because students are not paying for meals, there will not be a negative balance in SY 20-21; this relieves a burden for our families and for the general fund.

Over 31,000 meals were served over the recent closure. Bus routes delivered meals in addition to our school sites. Nutrition Services provided meals for multiple child care centers during this time as well.

**A3 Reporting Tool Nutrition Services Afterschool Snack Program (ASSP)**

**1. Problem Statement**

**Problem:** ASSP though CDE is selective in choosing allowable programs to serve snacks to in order to claim reimbursement.  
**Results of the Problem:** Many students rely on school meals. The current program is only able to serve approximately 180 snacks per day due to regulatory requirements. Students participating in late programs have voiced concerns that they are hungry after school hours.  
**Goal:** Increase access to meals after the school day.  
**Boundaries:** USDA regulation  
**Stakeholders:** Students in K-12 programs

**2. Current Process**

**Programs that qualify for snack:**

- Must be open for all enrolled students to participate (no try-outs or elections to participate in the afterschool program)
- Are educational (no sports, student council, etc.)

**Snacks can only be distributed to students participating in approved afterschool programs.**  
 Rosters are kept with daily counts of which student ate.

**3. Quick Fixes**

Research alternative sources of reimbursement for afterschool programs:

- Seamless Summer Option (SSO)
- Child and Adult Care Food Program (CACFP)

**4. Target**

Nutrition Services will increase snack participation by 5% within the 2020-2021 school year.

**5. Data**

**Problem statement:** The total school population does not have access to food during afterschool programming.  
**Why?** ASSP regulation is only available to students in enrichment programs.  
**Why?** USDA regulatory measures limit snacks to qualified programs only.  
**Root Cause:** Federal regulation under the National School Lunch Program limits reimbursement to programs that qualify as educational. Meals cannot be served when learning is not happening.

**6. Strategies**

Many districts are moving their snack programs from the NSLP ASSP program, to the CACFP At Risk Afterschool Supper Program. Englewood Schools plans to use CACFP during 2020-2021 SY and call the meal "Super Snack". All students will be able to partake in the meal program, in addition to increased variety in food options.

**7. Standardize**

**8. Action Commitments**

**Nutrition Services Director will:**

- ✓ Create cycle menu and cost out menu items <\$2.12 = food + labor
- Watch meal service at Aurora Public Schools on 9/24/2020
- ✓ Complete CACFP annual state training
- ✓ Apply for CACFP for additional sites (Maddox already receives CACFP meal programs)
- ✓ Create training for existing snack programs to start in 2020-2021 SY
- ✓ Begin at TEC; expand to elementary schools by 01/2021

Katie's graduate school practicum (thesis) is based on increasing accessibility to students of nutritious food, even after school lets out for the day. The Afterschool Snack Program is limited to certain educational based programs. This results in sports or any other type of auditioning program to not qualify for the snack program.

Katie has moved all snacks to the Child and Adult Care Food Program's supper/dinner program and is calling it "Super Snack". This program is open to any student at qualifying sites after the bell rings and is not limited to certain programs. All elementaries and TEC are under this program now. Marketing efforts to teachers, coaches, and other program managers will go out shortly to bring awareness to the new accessibility.

This program also allows Nutrition Services to serve the meal with the grab and go bags at those sites. This is great for ensuring that our students learning virtually still have access to healthy foods.

This program offers more food than the previous program and reimburses at a much higher rate (almost \$4/meal vs \$0.94 in the previous program) which will contribute to the sustainability of the school meal programs.

Maddox does not qualify for "Super Snack" because they use CACFP funding for 2 main meals already (breakfast and lunch). They utilize the CACFP afternoon snack since regulatory measures only allow 2 main meals and a snack to be claimed. ("Super Snack" is technically a supper/dinner program)

## School Meal Relief Funds

- Stimulus Bill passed by Congress in December to help districts nationwide recoup loss of Federal revenue within school meal programs during the 2020-2021 SY.
- The 5000 page bill can be found [here](#).
- CDE is waiting for clarification from USDA to determine next steps for dispersal of these stimulus funds.

"Throughout this pandemic, despite tremendous challenges, school nutrition professionals have ensured students' continued access to healthy school meals to fuel their academic achievement," said SNA President Reggie Ross, SNS. "These efforts have come at an immense cost for school meal programs, which are facing increased expenses and declining revenue that threaten to cut into education budgets. SNA commends Congress for its work to address this urgent problem and will continue to advocate on behalf of these vital programs to ensure their sustainability moving forward."

Waiting to see what relief Nutrition Services will be receiving from this stimulus. The School Nutrition Association thanked Congress for the stimulus as school meal programs across the nation are experiencing extensive losses in revenue with increased expenses due to safety measures/requirements needed during the pandemic.



Joanna: Is Super Snack free of charge? Katie: Yes, any student at enrolled sites are eligible for a free Super Snack. Joanna: This should be announced in “To the Point”

Ryan West: Community field day in the works? April or May – assuming that won’t happen.

Chad Rail: Most likely not this SY. Cherrelyn is planning some fun activities at their site. Look forward to field day, hopefully, in the fall.

Katie: Dietetic interns are available to help teach health and wellness classes. They are about to become Registered Dietitians and are a wealth of knowledge. Joanna: This should go in our weekly LEADS.

Next meeting: Site based Wellness Coordinators will share successes, challenges and future goals.